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19th July 2016

To Julie Linton, Meridian School of Massage and Bodywork

I would like to express my deepest thanks to you and your team of students for the excellent service you provided to ABplus' members and the staff that took part in 'Healthier Together' programme, from January to July 2016.

The monthly massage therapy sessions gave a very relevant contribution to the people affected by HIV's life style, reducing stress and promoting mind and body relaxation. Your holistic approach not only helped to alleviate worries and pains of the moment, but also encouraged individuals to develop healthier lifestyles for the long-term.

As a mobile massage service, you visited us at our place, which allowed ABplus' service users to be surrounded by a welcoming location, familiar to them. Moreover, your professional yet friendly manner fostered a comfortable and safe environment for our members, ensuring a climate of absolute confidentiality and discretion.

As a result, the feedback I received from our service users was so good that we had to double the sessions in order to meet their demand. Therefore, I would like to thank you for the dedication and kindness you manifested to support our programme and take care of our members.

On the basis of our collaboration, I would love to recommend your company to anyone who needs a holistic treatment and soothing massage: I am sure your courtesy and professionalism combined with your flexibility will ensure a tailored and highly satisfying service. Keep up the good work!

With best wishes,

Maria Marras

**Healthier Together Coordinator
& Fareshare Supervisor**